

Social-Emotional Lesson Plan: Compassion

This lesson uses the book Tully's Alpine Adventure as the central story to introduce and explore the theme.

Focus

Helping students understand and practice compassion by recognizing others' feelings and showing care.

Objectives

- Students will identify moments of compassion in Tully's Alpine Adventure.
- Students will demonstrate compassionate actions through role-play.
- Students will reflect on times they have shown or received compassion.

Activities

- Read aloud selected pages where Tully helps or comforts another character.
- Class brainstorm: What does compassion look like, sound like, feel like?
- Role-play activity: Students act out scenarios of showing compassion.

Discussion Questions

- How did Tully show compassion in the story?
- How did the other characters feel when someone showed them kindness?
- What are ways we can show compassion in our classroom and community?

Closing Reflection

Students draw a picture of themselves showing compassion to someone and share with the class.

